



**TB Surveillance Data from Health Facilities of
Department of Health (DoHe-CTA)
A Report (Year 2022 - 2023)**

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Gangchen Kyishong, Dharamsala, 176215, District Kangra (HP), India.

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FOREWORD

As we present the latest TB report for the Tibetan community, we reflect on our journey in combating this enduring public health challenge. This report provides an essential overview of TB cases recorded from 2022 to 2023, alongside previously published data to illustrate progress and ongoing challenges.

The total TB cases reported over the past two years highlights both the strides we've made and the work that still lies ahead including the need for improved data collection to accurately assess TB incidence rates. While TB cases among the Tibetan refugees have shown remarkable reduction over the years, we recognize the continuing burden, particularly among students and monks, who account for a significant portion of infections. The contribution of environmental factors, such as overcrowding and inadequate ventilation in residential settings, cannot be overlooked and demands our urgent attention.

Over the years, our department continued to support programs & initiatives to reduce & prevent TB in the community, including provision of essential TB services such as screening, diagnostic supplies, treatment & nutritional support for TB patients. The ongoing efforts of health workers, community members, and both governmental and non-governmental organizations have played a pivotal role in addressing TB prevalence within our population. These efforts are vital as we work towards the Indian government's vision of a Zero-TB community.

The commitment to eradicating TB is a collective endeavour. We are grateful for the continued support for TB patients in India through the Indian government's national TB program, and USAID for funding our TB prevention program, which have enabled us to enhance our TB control efforts. Together, we can create a healthier future for all.

Let us reaffirm our commitment to eradicating TB together—with stronger partnerships, increased investment, and a focus on high-risk populations, we can deliver on our shared commitments to end TB.



Mr. Jampa Phuntsok
Health Secretary,
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PREFACE

SECTION 1 & 2 gives an overview of the socio-demographic characteristics of TB patients treated by resident primary care doctors at approximately eight health facilities under the Department of Health, Central Tibetan Administration (DoHe-CTA). The report also attempts a situational analysis of TB management and assesses program performance through standard indicators.

SECTION 3 looks at the data related to TB drug sensitivity testing (DST) and drug resistance patterns based on molecular tests (Gene Xpert/CBNAAT) and sputum smear culture & drug sensitivity testing (C & DST). Four GeneXpert machines (Cepheid) are available with DoHe-CTA and they are based at Delek Hospital in Dharamsala, DTR Hospital in Mundgod, Tso-jhe Hospital in Bylakuppe and Dekyiling Health Centre. Culture and Drug Sensitivity Testing (C & DST) is outsourced to Hinduja Hospital in Mumbai.

SECTION 4 attempts a trend analysis of the TB situation at DoHe-CTA Primary Care hospitals for the cohort of 2012 – 2023 TB patients registered at the DoHe-CTA hospitals.

SECTION 5 has the discussion and recommendations. It outlines WHO's "End TB Strategy" and discusses our current status on the milestones and the targets and what additional activities or interventions we can undertake.

SECTION 6 looks at the WHO's ten core TB indicators & targets and examines where we stand in comparison.

The data in this report is cleaned, managed, and analyzed in STATA 11.0 software. STATA "do file" program codes and cleaned database in STATA file and; raw database in MS Excel/CSV format are available for review if anyone wishes to conduct one. Using the STATA software, data is cleaned in two steps. Some of the data (e.g., removing duplications) could be performed without having to refer to the printed database i.e., TB Register and TB Treatment cards. Email and telephone mediums were used for further cleaning e.g., missing values and doubtful data entries.

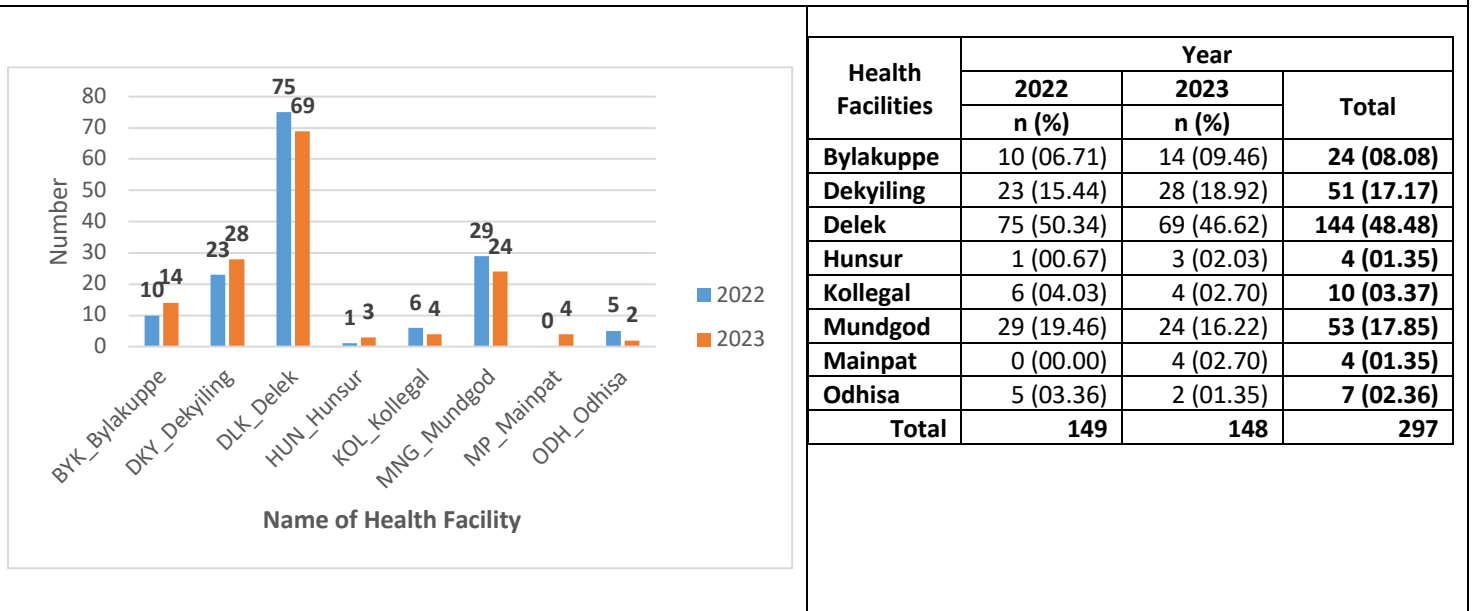
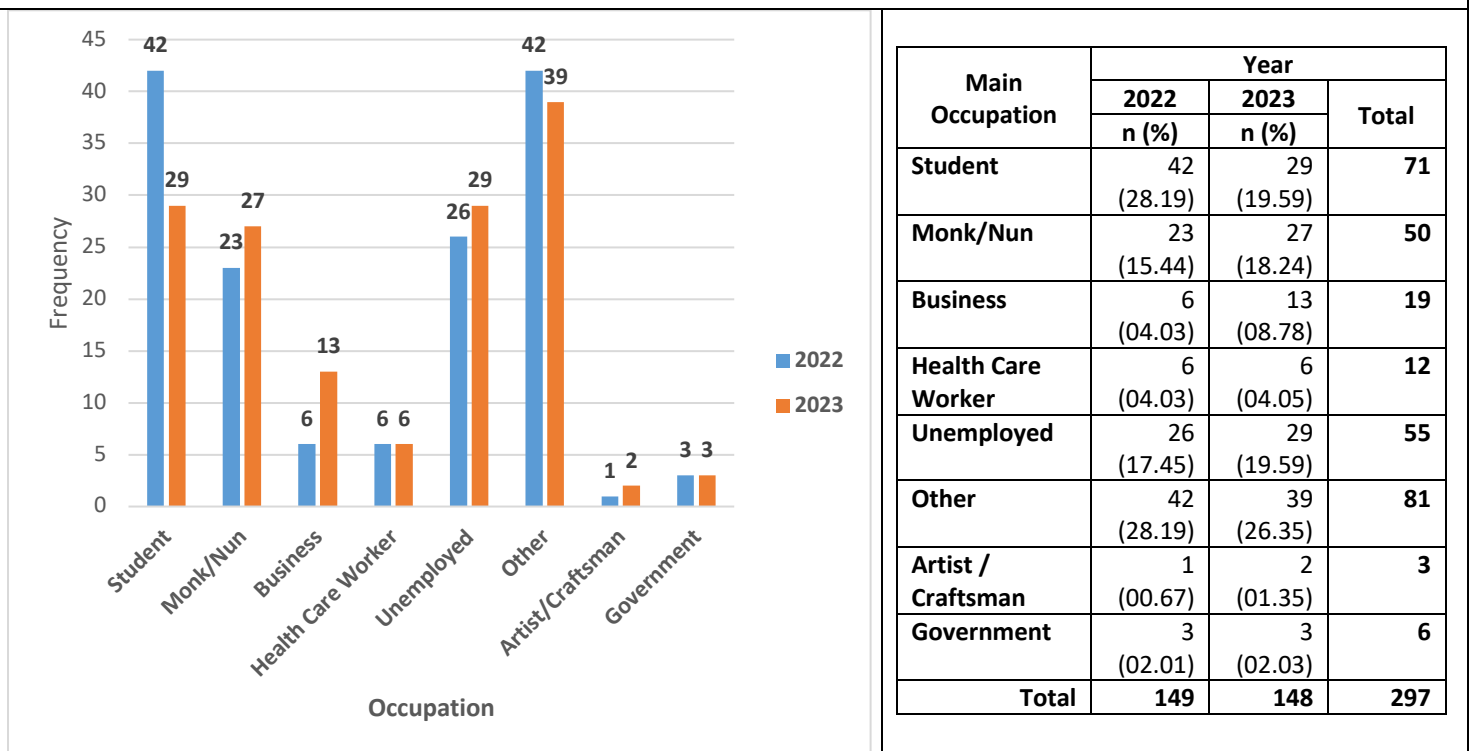
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1st September 2024

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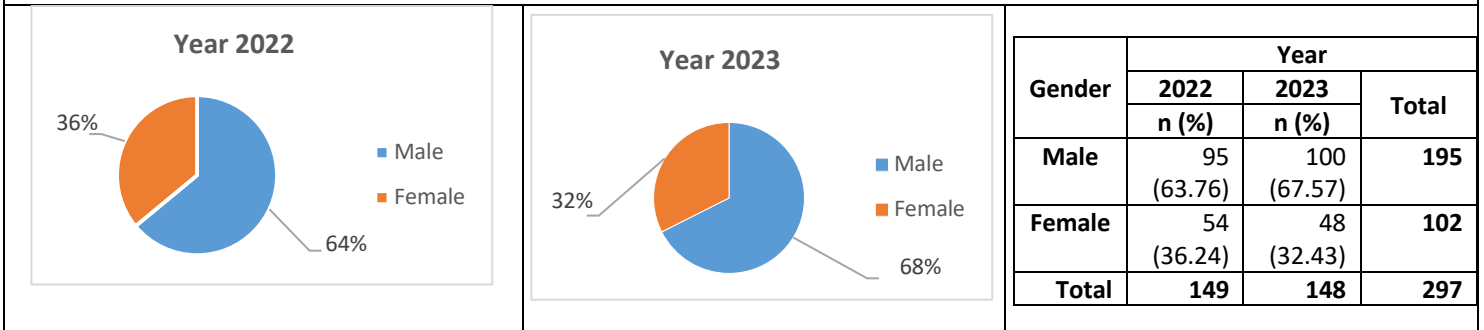
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SECTION ONE**Socio-Demographic Characteristics of TB Patients Reported from Eight Health Facilities of DoHe-CTA
(Cohort of 2022 - 2023)****Eight Health Facilities Reporting Routine TB Program Data (All Nationality)
Health Facilities****Eight Health Facilities Reporting Routine TB Program Data (All Nationality)
Occupation**

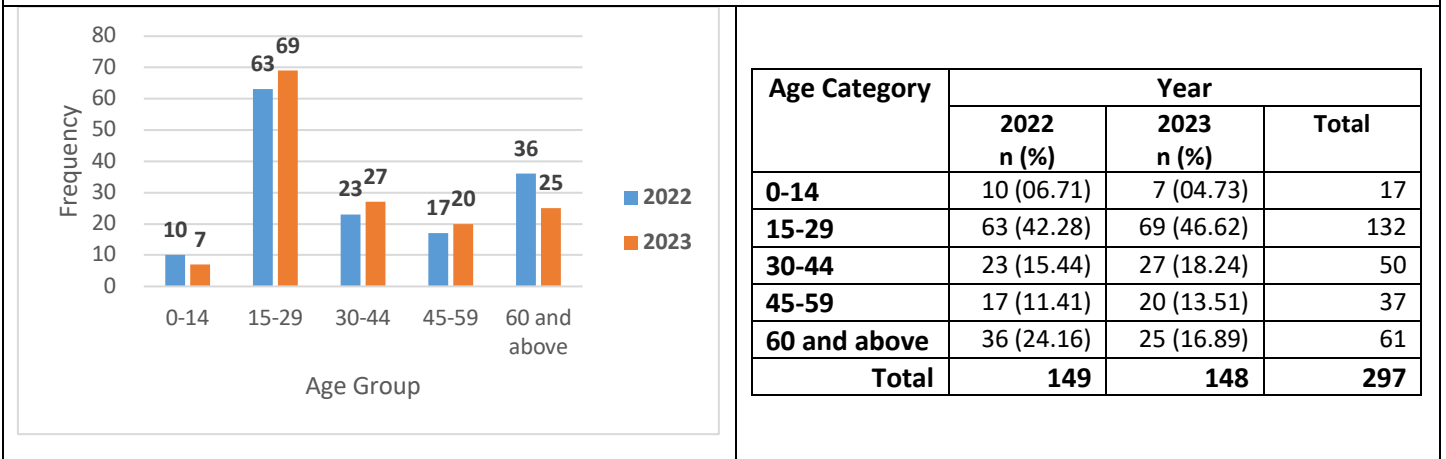
Eight Health Facilities Reporting Routine TB Program Data (All Nationality)

Gender

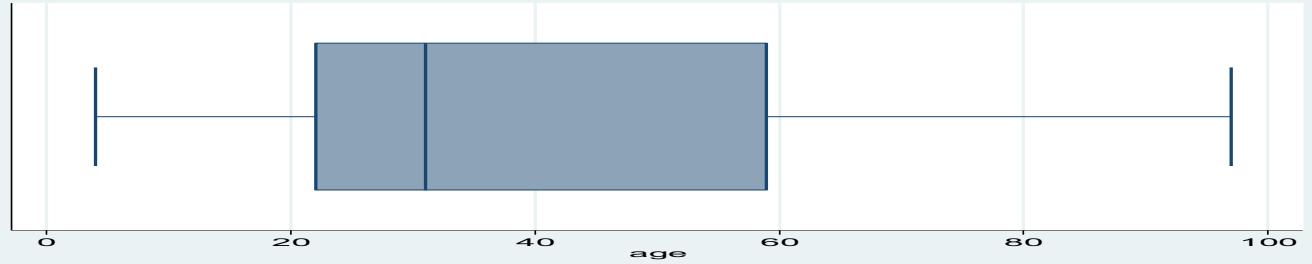


Eight Health Facilities Reporting Routine TB Program Data (All Nationality)

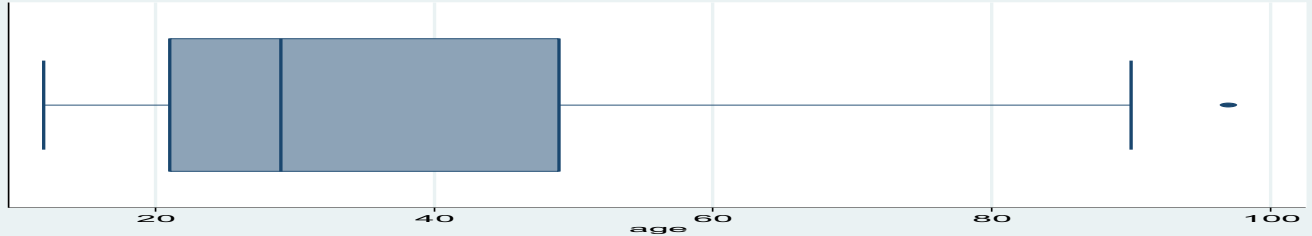
Age



Box plot of Age of TB Cases Reported from Eight Health Facilities of DoHe-CTA Year 2022



Box plot of TB Cases by Age Year 2023



variable	Year	N	mean	p50	p25	p75	iqr	max	min	sd
Age	2022	149	40.50	31	22	59	37	97	4	24.41
	2023	148	37.43	29	21	49	28	97	12	21.09

TB Program Performance Indicators & Situation Analysis Eight Health Facilities Reporting Routine TB Program Data - Year 2022 & 2023 (All Nationality)			
2022		2023	
HIV Status	n (%)	HIV Status n (%)	Total
Positive	1 (00.67)	2 (01.35)	2
Negative	148 (99.33)	144 (97.30)	292
Not Tested / Missing	0 (00.00)	2 (01.35)	3
TOTAL	149	148	297
Hepatitis B Status	n (%)	Hepatitis B Status n (%)	Total
Positive	3 (02.01)	8 (05.41)	11
Negative	146 (97.99)	138 (93.24)	284
Not Tested / Missing	0 (00.00)	2 (00.67)	2
TOTAL	149	148	297
Blood Sugar Report Status	n (%)	Blood Sugar Report Status n (%)	Total
YES	147 (98.66)	131 (88.51)	278
NO	2 (01.34)	17 (11.49)	19
TOTAL	149	148	297
Nickshay Report Status	n (%)	Nickshay Report Status n (%)	Total
YES	140 (93.96)	136 (91.89)	276
NO	9 (06.04)	12 (08.11)	21
TOTAL	149	148	297
Classification of TB Based on Anatomy	n (%)	Classification of TB Based on Anatomy n (%)	Total
Pulmonary	119 (79.87)	128 (86.49)	247
Extra-Pulmonary	30 (20.13)	20 (13.51)	50
TOTAL	149	148	297
Classification of Extra-Pulmonary TB	n (%)	Classification of Extra-Pulmonary TB n (%)	Total
Abdominal	2 (06.67)	2 (05.00)	4 (08.00)
Neck & other Lymph Node	10 (33.33)	7 (35.00)	17 (34.00)
Other EP Site	3 (10.00)	0 (00.00)	3 (06.00)
Pleural	11 (36.67)	10 (50.00)	21 (42.00)
Spine, bone & joint	0 (00.00)	0 (00.00)	0 (00.00)
Not Specified	4 (13.33)	1 (05.00)	5 (10.00)
TOTAL	30	20	50
Classification of TB Based on Treatment History	n (%)	Classification of TB Based on Treatment History n (%)	Total
New	123 (82.55)	115 (77.70)	238
Previously Treated	26 (17.45)	33 (22.30)	59
Treatment After Failure	0 (00.00)	0 (00.00)	0
TOTAL	149	148	297
Classification of TB Based on Diagnostic Testing	n (%)	Classification of TB Based on Diagnostic Testing n (%)	Total
Microbiologically Confirmed TB	137 (91.95)	137 (92.57)	274
Clinically Diagnosed TB	12 (08.05)	11 (07.43)	23
TOTAL	149	148	297
Classification of TB Based on Treatment Regimen	n (%)	Classification of TB Based on DST n (%)	Total
NonMDR	134 (89.93)	135 (91.22)	269
INH Mono-resistance	6 (04.03)	7 (04.73)	13
MDR/XDR	9 (06.04)	6 (04.05)	15
Not Done	0 (00.00)	0 (00.00)	0
TOTAL	149	148	297
X-pert Diagnosis at Treatment Initiation		X-pert Diagnosis at Treatment Initiation n (%)	Total
N(MTB_No)	0 (00.00)	0 (00.00)	0
T(MTB_Yes_R_No)	109 (92.37)	108 (92.31)	217
RR(MTB_Yes_R_Yes)	9 (07.63)	9 (07.69)	18
TOTAL	118	117	235
INH Sensitivity at Treatment Initiation		INH Sensitivity at Treatment Initiation n (%)	Total
Sensitive	107 (87.70)	99 (91.67)	206
Resistant	15 (12.30)	9 (08.33)	24
TOTAL	122	108	230
Rifampicin Sensitivity at Treatment Initiation		Rifampicin Sensitivity at Treatment Initiation	
Sensitive	113 (92.62)	103 (94.50)	216

Resistant	9 (07.38)	6 (05.50)	15
TOTAL	122	109	231
Household Contact Tracing	n (%)	Household Contact Tracing n (%)	Total
YES	23	20	43
Under-6 Contact Tracing	n (%)	Under-6 Contact Tracing n (%)	Total
YES	3	1	4
INH Prophylaxis for Under-6 Household Contact	n (%)	INH Prophylaxis for Under-6 Household Contact n (%)	Total
YES	3	4	7
Treatment Outcome (NonMDR-2021)	n (%)	Treatment Outcome (NonMDR-2022) n (%)	Total
Cured	68 (58.62)	83 (61.94)	-
Treatment Completed	29 (25.00)	36 (26.87)	-
Treatment Success	97 (83.62)	119 (88.81)	-
Died	3 (02.59)	5 (03.73)	-
Lost to Follow-Up	3 (02.59)	3 (02.24)	-
Transfer Out	5 (04.31)	5 (03.73)	-
Treatment Failure	0 (00.00)	1 (00.75)	-
Missing	0 (00.00)	0 (01.50)	-
Treatment Regimen Changed	2 (01.72)	0 (00.00)	-
TOTAL	110	134	-
Treatment Outcome (MDR-2020)	n (%)	Treatment Outcome (MDR-2021) n (%)	Total
Cured	10 (100.00)	5 (83.33)	-
Treatment Completed	0 (00.00)	0 (00.00)	-
Treatment Success	0 (00.00)	5 (83.33)	-
Died	0 (00.00)	0 (00.00)	-
Lost to Follow-Up	0 (00.00)	0 (00.00)	-
Transfer Out	0 (00.00)	0 (00.00)	-
Not Evaluated	0 (00.00)	1 (16.67)	-
TOTAL	10	6	-
Treatment Outcome (INH Mono-resistant-2021)		Treatment Outcome (INH Mono-resistant-2022) n (%)	Total
Cured	10 (100.00)	3 (50.00)	-
Treatment Completed	0 (00.00)	1 (16.67)	-
Treatment Success	10 (100.00)	4 (66.67)	-
Died	0 (00.00)	2 (33.33)	-
Lost to Follow-Up	0 (00.00)	0 (00.00)	-
Transfer Out	0 (00.00)	0 (00.00)	-
Treatment Failure	0 (00.00)	0 (00.00)	-
Missing	0 (00.00)	0 (00.00)	-
TOTAL	10	6	-

SECTION TWO													
TB Program Performance Indicators and Situational Analysis 2012 – 2023													
TB Surveillance Data from Health Facilities Reporting Routine TB Data (All Nationality)													
Socio-Demographic and Other Characteristics of TB Cases Disaggregated by Year of Treatment Initiation (2012-2023)													
Year	2012 n (%)	2013 n (%)	2014 n (%)	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)	2023 n (%)	Total n (%)
Health Facilities													
BYK_Bylakuppe	42 (9.72)	41 (10.38)	32 (09.47)	36 (09.78)	33 (09.59)	32 (10.46)	18 (07.44)	32 (12.50)	13 (09.56)	11 (08.73)	10 (06.71)	14 (09.46)	334 (10.13)
DKY_Dekyiling	45 (10.42)	40 (10.13)	65 (19.23)	64 (17.39)	61 (17.73)	46 (15.03)	43 (17.77)	40 (15.63)	9 (06.62)	11 (08.73)	23 (15.44)	28 (18.92)	475 (14.66)
DLK_Delek	200 (46.30)	222 (56.20)	168 (49.70)	190 (51.63)	183 (53.20)	160 (52.29)	133 (54.96)	120 (46.88)	57 (41.91)	59 (46.83)	75 (50.34)	69 (46.62)	2111(65.15)
HUN_Hunsur	17 (03.94)	16 (04.05)	13 (03.85)	4 (01.09)	7 (02.03)	5 (01.63)	5 (02.07)	8 (03.13)	3 (02.21)	2 (1.59)	1 (00.67)	3 (02.03)	84 (02.59)
KOL_Kollegal	32 (07.41)	7 (01.77)	11 (03.25)	23 (06.25)	9 (02.62)	10 (03.27)	4 (01.65)	10 (03.91)	6 (04.41)	6 (04.76)	6(04.03)	4 (02.70)	128 (03.95)
MNG_Mundgod	84 (19.44)	68 (17.22)	48 (14.20)	49 (13.32)	42 (12.21)	44 (14.38)	32 (13.22)	35 (13.67)	34 (25.00)	27 (21.43)	29 (19.46)	24 (16.22)	516 (15.93)
MP_Mainpat	12 (02.78)	1 (00.25)	1 (00.30)	2 (00.54)	7 (02.03)	4 (01.31)	3 (01.24)	0 (00.00)	3 (02.21)	3 (02.38)	0 (00.00)	4 (02.70)	40 (01.23)
ODH_Odhisa	-	-	-	-	2 (00.58)	5 (01.63)	4 (01.65)	4 (01.56)	4 (02.94)	2 (01.59)	5 (03.36)	2 (01.35)	28 (00.86)
DEL_Delhi	-	-	-	-	-	-	-	-	4 (02.94)	1 (00.79)	-	-	5 (00.15)
LDK_Ladakh	-	-	-	-	-	-	-	7 (02.73)	3 (02.21)	4 (03.17)	-	-	14 (00.43)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Gender													
Male	283 (65.51)	254 (64.30)	221 (65.38)	225 (61.14)	227 (65.99)	198 (64.71)	171 (70.66)	173 (67.58)	91 (66.91)	73 (57.94)	95 (63.76)	100 (67.57)	2111 (65.15)
Female	149 (34.49)	141 (35.70)	117 (34.62)	143 (38.86)	117 (34.01)	108 (35.29)	71 (29.34)	83 (32.42)	45 (33.09)	53 (42.06)	54 (36.24)	48 (32.43)	1129 (34.85)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Age-Group													
0 – 14	29 (06.71)	18 (04.56)	21 (06.21)	29 (07.88)	26 (07.56)	20 (06.54)	16 (06.61)	13 (05.08)	01 (00.74)	6 (04.76)	10 (06.71)	7 (04.73)	196 (06.05)
15 –29	270 (62.50)	240 (60.76)	202 (59.76)	222 (60.33)	215 (62.50)	178 (58.17)	137 (56.61)	128 (50.00)	59 (43.38)	39 (30.95)	63 (42.28)	69 (46.62)	1822 (56.23)
30 – 44	70 (16.20)	60 (15.19)	51 (15.09)	60 (16.30)	41 (11.92)	43 (14.05)	33 (13.64)	52 (20.31)	21 (15.44)	32 (25.40)	23 (15.44)	27 (18.24)	513 (15.83)
45 – 60	19 (04.40)	26 (06.58)	19 (05.62)	19 (05.16)	30 (08.72)	33 (10.78)	23 (09.50)	29 (11.33)	24 (17.65)	11 (08.73)	17 (11.41)	20 (13.51)	270 (08.33)
60 and above	44 (10.19)	51 (12.19)	45 (13.31)	38 (10.33)	32 (09.30)	32 (10.46)	33 (13.64)	34 (13.28)	31 (22.79)	38 (30.16)	36 (24.16)	25 (16.89)	439 (13.55)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Mean Age in year (median)	29.66 (24.00)	31.71 (25.00)	31.32 (23.50)	29.74 (24.00)	29.82 (23.00)	30.87 (22.00)	33.13 (25.00)	34.71 (27.50)	40.76 (34.00)	44.02 (38.00)	40.50 (31.00)	37.43 (29.00)	32.14 (25)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Nationality													
Tibetan	387 (89.58)	337 (85.32)	288 (85.21)	318 (86.41)	287 (83.43)	260 (84.97)	200 (82.64)	196 (76.56)	114 (83.82)	101 (80.16)	112 (75.17)	121 (81.76)	2721 (83.98)
Indian	25 (05.79)	45 (11.39)	42 (12.43)	42 (11.41)	50 (14.53)	40 (13.07)	35 (14.46)	48 (18.75)	19 (13.97)	15 (11.90)	30 (20.13)	24 (16.22)	415 (12.81)
Nepali	15 (03.47)	12 (03.04)	5 (01.48)	7 (01.90)	5 (01.45)	5 (01.63)	5 (02.07)	9 (03.52)	02 (01.47)	9 (07.14)	06 (04.03)	01(00.68)	81 (02.50)
Other	5 (01.16)	1 (00.25)	3 (00.89)	1 (00.27)	2 (00.58)	1 (00.33)	2 (00.83)	3 (01.17)	01 (00.74)	1 (00.79)	01 (00.67)	02 (01.35)	23 (00.71)

Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Country of Birth													
India	255 (59.03)	214 (54.18)	193 (57.10)	229 (62.23)	228 (66.28)	219 (71.57)	164 (67.77)	174 (67.97)	84 (61.76)	69 (54.76)	95 (63.76)	105 (70.95)	2029 (62.62)
Tibet	151 (34.95)	159 (40.25)	126 (37.28)	117 (31.79)	91 (26.25)	65 (21.24)	60 (24.79)	68 (26.56)	46 (33.82)	47 (37.30)	43 (28.86)	33 (22.30)	1006 (31.05)
Nepal	21 (04.86)	19 (04.81)	15 (04.44)	20 (05.43)	22 (06.40)	21 (06.86)	15 (06.20)	11 (04.30)	04 (02.94)	9 (07.14)	10 (06.71)	08 (05.41)	175 (05.40)
Others / Missing	5 (01.16)	3 (00.76)	4 (01.18)	2 (00.54)	3 (00.87)	1 (00.33)	3 (01.24)	03 (01.17)	02 (01.47)	1 (00.79)	01 (00.67)	02 (01.35)	30 (00.93)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Occupation													
Student	163 (37.73)	144 (36.46)	137 (40.53)	164 (44.57)	162 (47.09)	152 (49.67)	94 (38.84)	70 (27.34)	30 (22.06)	20 (15.87)	42 (28.69)	29 (19.59)	1207 (37.25)
Monk/Nun	98 (22.69)	88 (22.28)	63 (18.64)	54 (14.67)	64 (18.60)	46 (15.03)	42 (17.36)	64 (25.00)	28 (20.59)	29 (23.02)	23 (15.44)	27 (18.24)	626 (19.32)
Business	33 (07.64)	30 (07.59)	21 (06.21)	25 (06.79)	15 (04.36)	22 (07.19)	19 (07.85)	19 (07.42)	10 (07.35)	10 (07.94)	6 (04.03)	13 (08.78)	223 (06.88)
Government	8 (01.85)	5 (01.27)	5 (01.48)	3 (00.82)	3 (00.87)	8 (02.61)	3 (01.24)	2 (00.78)	1 (00.74)	0 (00.00)	3 (02.01)	3 (02.03)	44 (01.36)
Unemployed	49 (11.34)	43 (10.89)	43 (12.72)	54 (14.67)	32 (09.30)	34 (11.11)	30 (12.40)	51 (19.92)	34 (25.00)	30 (23.81)	26 (17.45)	29 (19.59)	455 (14.04)
Other	61 (14.12)	70 (17.72)	62 (18.34)	54 (14.67)	61 (17.73)	39 (12.75)	48 (19.83)	42 (16.41)	27 (19.85)	31 (24.60)	42 (28.19)	39 (26.35)	576 (17.78)
Health Worker	11 (02.55)	9 (02.28)	6 (01.78)	9 (02.45)	4 (01.16)	2 (00.65)	5 (02.07)	4 (01.56)	3 (02.21)	3 (02.38)	6 (04.03)	6 (04.05)	68 (02.10)
Artist/Craftsman	9 (02.08)	6 (01.52)	1 (00.30)	5 (01.36)	3 (00.87)	3 (00.98)	1 (00.41)	4 (01.56)	3 (02.21)	3 (02.38)	1 (00.67)	2 (01.35)	41 (01.27)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
HIV Status													
Positive	7 (01.62)	0 (00.00)	3 (00.89)	9 (02.45)	2 (00.58)	5 (01.63)	3 (01.24)	1 (00.39)	2 (01.47)	2 (01.59)	1 (00.67)	2 (01.35)	34 (01.05)
Negative	417 (96.53)	393 (99.49)	329 (97.34)	357 (97.01)	336 (97.67)	298 (97.39)	235 (97.11)	255 (96.61)	133 (97.79)	124 (98.41)	148 (99.33)	144 (97.30)	3169 (97.81)
Missing/Not Tested	8 (01.85)	2 (00.51)	6 (01.78)	2 (00.54)	6 (01.74)	3 (00.98)	4 (01.65)	0 (00.00)	1 (00.74)	0 (00.00)	0 (00.00)	2 (01.35)	37 (01.14)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Hepatitis B (HBsAg) Status													
Positive	28 (06.48)	34 (08.61)	26 (07.69)	27 (07.34)	24 (06.98)	23 (07.52)	12 (04.96)	14 (05.47)	12 (08.82)	5 (03.97)	3 (02.01)	8 (05.41)	216 (06.67)
Negative	396 (91.67)	358 (90.63)	306 (90.53)	339 (92.12)	317 (92.15)	279 (91.18)	228 (94.21)	242 (94.53)	124 (91.18)	120 (95.24)	146 (97.99)	138 (93.24)	2993 (92.38)
Missing/Not Tested	8 (01.85)	3 (00.76)	6 (01.78)	2 (00.54)	3 (00.87)	4 (01.31)	2 (00.83)	0 (00.00)	0 (00.00)	1 (00.79)	0 (00.00)	2 (01.35)	31 (00.96)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Blood Sugar Status													
YES	0 (00.00)	0 (00.00)	3 (00.89)	184 (50.00)	172 (50.00)	242 (79.08)	218 (90.08)	240 (93.75)	136 (100)	120 (95.24)	147 (98.66)	131 (88.51)	1593 (49.17)
NO	432 (100.00)	395 (100.00)	335 (99.11)	184 (50.00)	172 (50.00)	64 (20.92)	24 (09.92)	16 (06.25)	0 (00.00)	6 (04.76)	2 (01.34)	17 (11.49)	1647 (50.83)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Nickshay Status													
YES	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	82 (26.80)	174 (71.90)	252 (98.44)	128 (94.12)	123 (97.62)	140 (93.96)	136 (91.89)	1035 (31.94)
NO	432 (100.00)	395 (100.00)	338 (100.00)	368 (100.00)	344 (100.00)	224 (73.20)	68 (28.10)	4 (01.54)	8 (05.88)	3 (02.38)	9 (06.04)	12 (08.11)	2205 (68.06)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Classification of TB Based on Anatomy													
Pulmonary TB	330 (76.39)	305 (77.22)	255 (75.44)	273 (74.18)	258 (75.00)	236 (77.12)	197 (81.40)	213 (83.20)	109 (80.15)	106 (84.13)	119 (79.87)	128 (86.49)	2282 (78.06)

Extra-Pulmonary	102 (23.61)	90 (22.78)	83 (25.56)	95 (25.82)	86 (25.00)	70 (22.88)	45 (18.60)	43 (16.80)	27 (19.85)	20 (15.87)	30 (20.13)	20 (13.51)	711 (21.94)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Classification of TB Based on Diagnostic Test													
Clinically Diagnosed	194 (44.91)	175 (44.30)	146 (43.20)	152 (41.30)	120 (34.88)	114 (37.25)	76 (31.40)	75 (29.30)	36 (26.47)	32 (25.40)	12 (08.05)	11 (07.43)	1143
Microbiologically Confirmed	238 (55.09)	220 (55.70)	192 (56.80)	216 (58.70)	224 (65.12)	192 (62.75)	166 (68.60)	181 (70.70)	100 (73.53)	94 (74.60)	137 (91.95)	137 (92.57)	2097
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Classification of TB Based on Past History													
New	334 (77.31)	319 (80.76)	285 (84.32)	309 (83.97)	287 (83.43)	259 (84.64)	196 (80.99)	214 (83.59)	113 (83.09)	99 (78.57)	123 (82.55)	115 (77.70)	2653 (81.88)
Previously Treated	98 (22.69)	76 (19.24)	53 (15.68)	58 (15.76)	54 (15.70)	46 (15.03)	45 (18.60)	42 (16.41)	23 (16.91)	26 (20.63)	26 (17.45)	33 (22.30)	580 (17.90)
Transfer-In	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	1 (00.41)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	1 (00.03)
Treatment After Failure	0 (00.00)	0 (00.00)	0 (00.00)	1 (00.27)	3 (00.87)	1 (00.33)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	1 (00.79)	0 (00.00)	6 (00.19)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240
Treatment Outcome (All Category)													
Cured	211 (48.84)	200 (50.63)	163 (48.22)	198 (53.80)	198 (57.56)	180 (58.82)	163 (67.36)	165 (64.55)	85 (62.50)	77 (61.11)	-	-	1640 (55.73)
Treatment Completed	181 (41.90)	169 (42.78)	149 (44.08)	143 (38.36)	127 (36.92)	109 (35.62)	62 (25.62)	61 (23.83)	36 (26.47)	29 (23.02)	-	-	1066 (36.22)
Treatment Success	392 (90.74)	369 (93.42)	312(92.31)	341 (92.66)	325 (94.48)	289 (94.44)	225 (92.98)	226 (88.28)	121 (88.97)	106 (84.13)	-	-	2706 (91.95)
Died	15 (03.47)	10 (02.53)	14 (04.14)	12 (02.26)	8 (02.33)	11 (03.59)	4 (01.65)	8 (03.13)	7 (05.15)	3 (02.38)	-	-	92 (03.13)
Lost to Follow-Up	13 (03.01)	9 (02.28)	6 (01.78)	7 (01.90)	4 (01.16)	2 (00.65)	7 (02.89)	6 (02.34)	3 (02.21)	3 (02.38)	-	-	60 (02.04)
Moved to 2 nd line	0 (00.00)	0 (00.00)	0 (00.00)	2 (00.54)	0 (00.00)	1 (00.33)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	-	-	3 (00.10)
Not Evaluated	1 (00.23)	0 (00.00)	0 (00.00)	1 (00.27)	1(00.29)	1 (00.33)	0 (00.00)	2 (00.78)	0 (00.00)	7 (05.56)	-	-	13 (00.44)
Transfer Out	6 (01.39)	4 (01.01)	4 (01.18)	3 (00.82)	2 (00.58)	1 (00.33)	3 (01. 24)	14 (05.47)	2 (01.47)	5 (03.97)	-	-	44 (01.50)
Treatment Failure	5 (01.16)	3 (00.76)	2 (00.59)	2 (00.54)	4 (01.16)	1 (00.33)	3 (01.24)	0 (00.00)	3 (02. 21)	0 (00.00)	-	-	23 (00.78)
Treatment Regimen Changed	0 (00.00)	0 (00.00)	00 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	2 (01.59)	-	-	2 (00.07)
Total	432	395	338	368	344	306	242	256	136	126			2943
Year	2012 n (%)	2013 n (%)	2014 n (%)	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)	2023 n (%)	Total n (%)
Treatment Outcome (Non-MDR cohort)													
Cured	181 (46.77)	178 (49.17)	146 (46.50)	153 (48.26)	177 (56.19)	173 (58.25)	151 (66.23)	149 (63.68)	75 (59.52)	72 (60.00)	86 (61.43)	-	1541
Treatment Completed	177 (45.74)	164 (45.30)	146 (46.50)	141 (44.48)	121 (38.41)	108 (36.36)	61 (26.75)	58 (24.79)	36 (28.57)	29 (24.17)	37 (26.43)	-	1078
Treatment Success	358 (92.51)	342 (94.47)	292 (93.00)	294 (92.74)	298 (94.60)	281 (94.61)	212 (92.98)	207 (88.47)	111 (88.09)	101 (84.17)	123 (87.86)	-	6619
Died	9 (02.33)	7 (01.93)	12 (03.82)	8 (02.52)	7 (02.22)	10 (03.37)	3 (01.32)	7 (02.99)	7 (05.56)	3 (02.50)	7 (05.00)	-	80
Lost to Follow-Up	9 (02.33)	7 (01.93)	6 (01.91)	7 (02.21)	4 (01.27)	2 (00.67)	7 (03.07)	5 (02.14)	3 (02.38)	3 (02.50)	3 (02.14)	-	56
Moved to 2 nd line	0 (00.00)	0 (00.00)	0 (00.00)	2 (00.63)	0 (00.00)	1 (00.34)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	-	3

Not Evaluated	1 (00.26)	0 (00.00)	0 (00.00)	1 (00.32)	1 (00.32)	1(00.34)	0 (00.00)	2 (00.85)	0 (00.00)	6 (05.00)	1 (00.71)	-	13
Transfer Out	6 (01.55)	3 (00.83)	2 (00.64)	3 (00.95)	1 (00.32)	1 (00.34)	3 (01.32)	13 (05.56)	2 (01.59)	5 (04.17)	5 (03.57)	-	44
Treatment Failure	4 (01.03)	3 (00.83)	2 (00.64)	2 (00.63)	4 (01.27)	1 (00.34)	3 (01.32)	0 (00.00)	3 (02.38)	0 (00.00)	1 (00.71)	-	23
Treatment Regimen Changed	0 ((00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	2 (01.67)	0 (00.00)	-	2
Total	387	362	314	317	315	297	228	234	126	120	140	-	2840

Note: Treatment Success = Cured + Treatment Completed. Includes INH Mono-Resistant

Treatment Outcome (MDR/XDR/NTM cohort)													
Cured	30 (66.67)	22 (66.67)	17 (70.83)	45 (88.24)	21 (72.41)	7 (77.78)	12 (85.71)	16 (72.73)	10 (100.00)	5 (83.33)	-	-	185 (76.13)
Treatment Completed	4 (08.89)	5 (15.15)	3 (12.50)	2 (03.92)	6 (20.69)	1 (11.11)	1 (07.14)	3 (13.64)	0 (00.00)	0 (00.00)	-	-	25 (10.29)
Treatment Success	34 (75.56)	27 (81.82)	20 (83.33)	47 (92.16)	27 (93.10)	8 (89.89)	13 (92.85)	19 (86.37)	10 (100.00)	5 (83.33)	-	-	210 (86.42)
Died	6 (13.33)	3 (09.09)	2 (08.33)	4 (07.84)	1 (03.45)	1 (11.11)	1 (07.14)	1 (04.55)	0 (00.00)	0 (00.00)	-	-	19 (07.82)
Lost to Follow-Up	4 (08.89)	2 (06.06)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	1 (04.55)	0 (00.00)	0 (00.00)	-	-	7 (02.88)
Transfer Out	0 (00.00)	1 (03.03)	2 (08.33)	0 (00.00)	1 (03.45)	0 (00.00)	0 (00.00)	1 (04.55)	0 (00.00)	0 (00.00)	-	-	5 (02.06)
Treatment Failure	1(02.22)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	-	-	1 (00.41)
Not Evaluated	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	1 (16.67)	-	-	1 (00.41)
Total	45	33	24	51	29	9	14	22	10	6	-	-	243

Proportion of Total TB patients Who were Children Below 14 Years (Pediatric TB)													
TB patients who were children	16 (03.70)	11 (02.78)	17 (05.03)	18 (04.89)	18 (05.23)	15 (04.90)	8 (03.31)	10 (03.91)	01 (00.74)	3 (02.38)	5 (03.36)	5 (03.38)	127 (03.92)
14 & above	416 (96.30)	384 (97.22)	321 (94.97)	350 (95.11)	326 (94.77)	291 (95.10)	234 (96.69)	246 (96.09)	135 (99.26)	123 (97.62)	144 (96.64)	143 (96.6)	3113 (96.08)
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240

Classification of TB Based on Treatment Regimen (All)													
Non-MDR	373 (86.34)	350 (88.61)	302 (89.35)	300 (81.52)	298 (86.63)	289 (94.44)	220 (90.91)	227 (88.67)	121 (88.97)	116 (92.06)	134 (89.93)	135 (91.22)	2865
MDR/XDR/NTM	45 (10.42)	33 (08.35)	24 (07.10)	51 (13.86)	29 (08.43)	9 (02.94)	14 (05.79)	22 (08.59)	10 (07.35)	6 (04.76)	9 (06.04)	6 (04.05)	258
H Mono-resistant	14 (03.24)	12 (03.04)	12 (03.55)	17 (04.62)	17 (04.97)	8 (02.61)	8 (03.31)	7 (02.73)	5 (03.68)	4 (03.17)	6 (04.03)	7 (04.73)	117
Total	432	395	338	368	344	306	242	256	136	126	149	148	3240

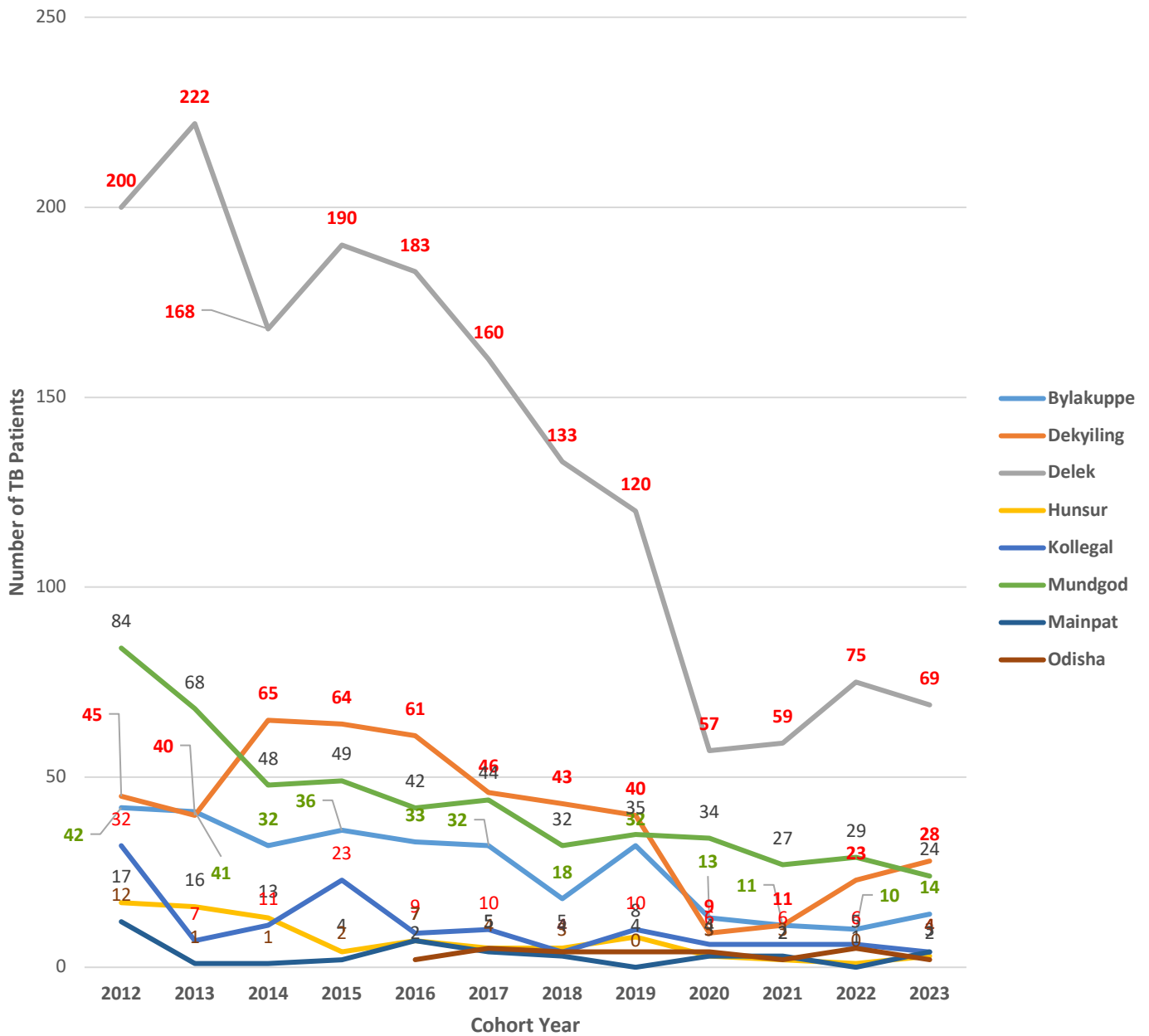
Classification of TB Based on Treatment Regimen (New Patient only)													
Non-MDR	307 (91.92)	293 (91.85)	260 (91.23)	265 (85.76)	259 (90.24)	247 (95.37)	182 (92.86)	193 (90.19)	101 (89.38)	93 (93.94)	112 (91.06)	105 (91.30)	2417
MDR/XDR/NTM	15 (04.49)	17 (05.33)	16 (05.61)	29 (09.39)	16 (05.57)	5 (01.93)	8 (04.08)	15 (07.01)	8 (07.02)	3 (03.03)	7 (05.69)	4 (03.48)	143
H Mono-resistant	12 (03.59)	9 (02.82)	9 (03.16)	15 (04.85)	12 (04.18)	7 (02.70)	6 (03.06)	6 (02.80)	4 (03.58)	3 (03.03)	4 (03.25)	6 (05.22)	93
Total	334	319	285	309	287	259	196	214	113	99	123	115	2653

Classification of TB Based on Treatment Regimen (Previously Treated Patient only)													
Non-MDR	66 (67.35)	57 (75.00)	42 (79.25)	35 (60.34)	36 (66.67)	42 (91.30)	37 (82.22)	34 (80.95)	20 (86.96)	22 (84.62)	22 (84.62)	30 (90.91)	443
MDR/XDR/NTM	30 (30.61)	16 (21.05)	8 (15.09)	21 (36.21)	13 (24.07)	3 (06.52)	6 (13.33)	7 (16.67)	2 (08.70)	3 (11.54)	2 (07.69)	2 (06.06)	113
H-Mono-resistant	2 (02.04)	3 (03.95)	3 (05.66)	2 (03.45)	5 (09.26)	1 (02.17)	2 (04.44)	1 (02.38)	1 (04.35)	1 (03.85)	2 (07.69)	1 (03.03)	24
Total	98	76	53	58	54	46	45	42	23	26	26	33	580

SECTION THREE													
TB Program Performance Indicators and Situational Analysis 2012 – 2023													
Drug Resistant TB (All Nationality)													
Treatment Category and TB Drug Sensitivity Testing (DST) Based on CBNAAT/Gene X-pert and Culture (2012-2023)													
Year	2012 n (%)	2013 n (%)	2014 n (%)	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)	2023 n (%)	Total n (%)
TB Drug Sensitivity Testing (DST) All Patients: Culture Rifampicin & INH - Only for cases for which the DST was done and result R or S is available													
H Resistant & R Sensitive	14 (06.83)	12 (06.38)	12 (07.55)	17 (08.67)	17 (08.42)	8 (04.79)	8 (05.93)	6 (06.06)	5 (06.33)	4 (06.06)	6 (04.9)	5 (04.63)	114
H Sensitive & R Resistant	0 (00.00)	1 (00.53)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	2 (01.48)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	2 (01.85)	5
H Resistant & R Resistant	38 (18.54)	28 (14.89)	23 (14.47)	41 (20.92)	26 (12.87)	10 (5.99)	10 (07.41)	18 (13.64)	10 (12.66)	6 (09.09)	9 (07.38)	4 (03.70)	223
H Sensitive & R Sensitive	153 (74.63)	147 (78.19)	124 (77.99)	138 (70.41)	159 (78.71)	149 (89.22)	115 (85.19)	108 (81.82)	64 (81.01)	56 (84.85)	107 (92.62)	97 (95.10)	1417
Total	205	188	159	196	202	167	135	132	79	66	122	108	1759
TB Drug Sensitivity Testing (DST) New Patients: Culture Rifampicin & INH - Only for cases for which the DST was done and result R or S available													
H Resistant & R Sensitive	12 (08.51)	9 (06.43)	9 (06.92)	15 (09.62)	12 (07.23)	7 (04.93)	6 (05.77)	5 (04.59)	4 (06.06)	3 (05.56)	4 (04.04)	4 (05.00)	90
H Sensitive & R Resistant	0 (00.00)	1 (00.71)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	1 (00.85)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	2 (02.50)	4
H Resistant & R Resistant	13 (09.22)	16 (11.43)	15 (11.54)	25 (16.03)	14 (08.43)	6 (04.23)	6 (05.77)	13 (11.93)	8 (12.12)	3 (05.56)	6 (06.06)	2 (02.50)	127
H Sensitive & R Sensitive	116 (82.27)	114 (81.43)	106 (81.54)	116 (74.36)	140 (84.34)	129 (90.85)	104 (88.89)	91 (83.49)	54 (81.82)	48 (88.89)	89 (89.90)	72 (90.00)	1179
Total	141	140	130	156	166	142	117	109	66	54	99	80	1400
TB Drug Sensitivity Testing (DST) Previously Treated Patients: Culture Rifampicin & INH - Only for cases for which the DST was done and result R or S available													
H Resistant & R Sensitive	2 (03.13)	3 (06.25)	3 (10.34)	2 (05.13)	5 (13.89)	1 (04.17)	2 (11.11)	1 (04.35)	1 (07.69)	1 (08.33)	2 (06.06)	1 (03.57)	24
H Sensitive & R Resistant	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	1 (05.56)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	1
H Resistant & R Resistant	25 (39.06)	12 (25.00)	8 (27.59)	15 (38.46)	12 (33.33)	3 (12.50)	4 (22.22)	5 (21.74)	2 (15.38)	3 (25.00)	3 (09.09)	2 (07.14)	94
H Sensitive & R Sensitive	37 (57.81)	33 (68.75)	18 (62.07)	22 (56.41)	19 (52.78)	20 (83.33)	11 (61.11)	17 (73.91)	10 (76.92)	8 (66.67)	18 (54.55)	25 (89.9)	238
Total	64	48	29	39	36	24	18	23	13	12	23	28	357

DST (KEPO/MAAC) *	2012 n (%)	2013 n (%)	2014 n (%)	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)	2023 n (%)	Total n (%)
TB Drug Sensitivity Testing (DST) Culture Kanamycin MDR/XDR cases - Only for cases for which the DST was done and result available (All Patient)													
R	3 (07.89)	2 (07.14)	2 (10.00)	3 (07.69)	3 (12.50)	1 (12.50)	2 (18.18)	3 (15.79)	1 (11.11)	1 (20.00)	1 (14.29)	0 (00.00)	22 (10.33)
S	35 (92.11)	26 (92.86)	18 (90.00)	36 (92.31)	21 (87.50)	7 (87.50)	9 (81.82)	16 (84.82)	8 (88.89)	4 (80.00)	6 (85.71)	5 (100.00)	191 (89.67)
Total	38	28	20	39	24	8	11	19	9	5	7	5	213
TB Drug Sensitivity Testing (DST) Culture Ethionamide MDR/XDR cases - Only for cases for which the DST was done and result available (All Patient)													
R	21 (56.76)	20 (71.43)	8 (40.00)	25 (64.10)	20 (80.00)	7 (87.50)	10 (90.91)	12 (66.67)	7 (77.78)	4 (66.67)	2 (28.57)	4 (80.00)	140 (65.73)
S	16 (43.24)	8 (28.57)	12(60.00)	14 (35.90)	5 (20.00)	1 (12.50)	1 (09.09)	6 (33.33)	2 (22.22)	2 (33.33)	5 (71.43)	1 (20.00)	73 (34.27)
Total	37	28	20	39	25	8	11	18	9	6	7	5	213
TB Drug Sensitivity Testing (DST) Culture PAS MDR/XDR cases - Only for cases for which DST was done and result available (All Patient)													
R	4 (11.11)	2 (07.14)	2 (10.53)	9 (23.08)	6 (24.00)	0 (00.00)	2 (18.18)	5 (27.78)	0 (00.00)	1 (20.00)	0 (00.00)	0 (00.00)	31 (14.76)
S	32 (88.89)	26 (92.86)	17 (89.47)	30 (76.92)	19 (76.00)	8 (100.00)	9 (81.82)	13 (72.22)	9 (100.00)	4 (80.00)	7 (100.00)	5 (100.00)	179 (85.24)
Total	36	28	19	39	25	8	11	18	9	5	7	5	210
TB Drug Sensitivity Testing (DST) Culture Ofloxacin (Moxifloxacin) MDR/XDR cases: Only for cases for which the DST was done and result available (All patient)													
R	18 (47.37)	12 (42.86)	10 (50.00)	19 (50.00)	12 (52.17)	5 (62.50)	3 (27.27)	9 (47.37)	2 (46.39)	3 (60.00)	6 (75.00)	1 (20.00)	99 (46.70)
S	20 (52.63)	16 (57.14)	10 (50.00)	19 (50.00)	11 (47.83)	3 (37.50)	8 (72.73)	10 (52.63)	7 (77.78)	2 (40.00)	2 (25.00)	4 (80.00)	113 (53.30)
Total	38	28	20	38	23	8	11	19	9	5	8	5	212
TB Drug Sensitivity Testing (DST) Culture Clofazamine MDR/XDR cases: Only for cases for which the DST was done and result available (All Patient)													
R	1 (04.76)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	0 (00.00)	1 (00.69)
S	20 (95.24)	17 (100.00)	12 (100.00)	25 (100.00)	17 (100.00)	5 (100.00)	8 (100.00)	15 (100.00)	7 (100.00)	6 (00.00)	7 (100.00)	5 (100.00)	144 (99.31)
Total	21	17	12	25	17	5	8	15	7	6	7	5	145
TB Drug Sensitivity Testing (DST) MDR/XDR TB Culture Kanamycin & Ofloxacin: Only for cases for which the DST was done and result available (All Patient)													
Km Sensitive & Ofx Sensitive	19 (50.00)	15 (53.57)	9 (45.00)	18 (47.37)	9 (39.13)	3 (37.50)	7 (63.64)	9 (47.37)	6 (66.67)	2 (40.00)	1 (14.29)	4 (80.00)	102 (48.34)
Km Resistant & Ofx Sensitive	1 (02.63)	1 (03.57)	1 (05.00)	1 (02.63)	2 (08.70)	0 (00.00)	1 (09.09)	1 (05.26)	1 (11.11)	0 (00.00)	1 (14.29)	0 (00.00)	10 (04.74)
Km Sensitive & Ofx Resistant	16 (42.11)	11 (39.29)	9 (45.00)	17 (44.74)	11 (47.83)	4 (50.00)	2 (18.18)	7 (36.84)	2 (22.22)	2 (40.00)	5 (71.43)	1 (20.00)	87 (41.23)
Km Resistant & Ofx Resistant	2 (05.26)	1 (03.57)	1 (05.00)	2 (05.26)	1 (04.35)	1 (12.50)	1 (09.09)	2 (10.53)	0 (00.00)	1 (20.00)	0 (00.00)	0 (00.00)	12 (05.69)
Total	38	28	20	38	23	8	11	19	9	5	7	5	211

* KEPO = Kanamycin, Ethionamide, PAS, Ofloxacin. * MAAC = Moxifloxacin, Amikacin, Clofazimine, Capreomycin

SECTION FOUR**Trend Analysis of TB Situation in Eight DoHe-CTA Health Facilities 2012 – 2023****Table 4.1: Eight Health Facilities Reporting Routine TB Program Data in 2012 - 2023 (All Nationality)
(Number of TB Cases Reported by Year)****Health Facilities Reporting Routine TB Data (2012 -2023)**

Facility	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	Total
Bylakuppe	42	41	32	36	33	32	18	32	13	11	10	14	314
Dekyiling	45	40	65	64	61	46	43	40	9	11	23	28	475
Delek	200	222	168	190	183	160	133	120	57	59	75	69	1636
Hunsur	17	16	13	4	7	5	5	8	3	2	1	3	84
Kollegal	32	7	11	23	9	10	4	10	6	6	6	4	128
Mundgod	84	68	48	49	42	44	32	35	34	27	29	24	516
Mainpat	12	1	1	2	7	4	3	0	3	3	0	4	40
Odisha	-	-	-	-	2	5	4	4	4	2	5	2	28
Total	432	395	338	368	344	306	242	249	129	121	149	148	3221

To ensure continuity, data from 2012 to 2021 has been revisited and updated in this report, extending through to 2023. The years 2020 and 2021 were exceptional due to the COVID-19 pandemic. During this period, schools were closed, and students were not residing in school hostels. As a result, students from Dharamsala-Bir-Chauntra, Doon Valley-Poanta, and Bylakuppe returned to their parents' or guardians' homes. Consequently, the TB cases reported by the eight health facilities (Table 4.1) in 2020 and 2021 may not reflect the full student population that would typically be based in these large residential schools. These schools reopened in 2022 as the COVID-19 situation improved.

Table 4.1 shows a drastic decrease in the reporting of TB cases in 2020 and 2021, with the most pronounced drop in the "student" group from Delek, Dekyiling, and Bylakuppe (refer to Tables 4.2 and 4.3). This raises the question: Was the decline due to an actual reduction in TB cases, or was it the result of increased underreporting compared to previous years? The COVID-19 pandemic may have contributed to underreporting, as fear of seeking health services and difficulties in accessing healthcare became widespread. However, as mentioned earlier, many students from large residential schools in Dharamsala-Bir-Chauntra, Doon Valley-Poanta, and Bylakuppe may have been residing in Tibetan settlements that fall outside the catchment areas of the eight health facilities reporting TB cases to the Department of Health-CTA (DoHe-CTA) in 2020 and 2021. A dramatic drop in TB cases reported among students in 2020 and 2021 can be observed from the Delek, Dekyiling, and Bylakuppe health facilities—centers that serve as TB referral hubs for Dharamsala, Bir-Chauntra, Doon Valley, and Bylakuppe residential schools. However, this decline was followed by a noticeable rebound in TB cases in 2022 and 2023 (see Table 4.3).

On the other hand, the decline in TB cases reported by the eight health facilities in 2020 and 2021 could reflect a genuine reduction, as key social determinants that increase TB transmission, such as overcrowding in schools, were mitigated by the COVID-19-related school closures during those years. Additionally, behaviour modifications—either enforced or voluntarily adopted during the pandemic to reduce the risk of SARS-CoV-2 transmission—may have also lowered the risk of TB infection. These observations provide compelling reasons to continue reducing overcrowding in institutions such as schools and monasteries, and to promote behaviours that prevent the transmission of TB, even after the pandemic ends.

There is also evidence to suggest that the drop in TB cases in 2020 and 2021 reflects a continuing downward trend in TB incidence within the Tibetan community in India, in addition to 'missing' students because of the closure of residential schools on account of the COVID-19 pandemic. These 'missing' students would have otherwise presented to the three Tibetan health facilities: Delek, Dekyiling, and Tso-Jhe Hospitals (Bylakuppe).

Table 4.2: Eight Health Facilities Reporting Routine TB Program Data Disaggregated by Occupation (2012-2023 Cohort & All Nationality)

Occupation	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	Total
Artist/Crafts man	9	6	1	5	3	3	1	4	3	3	1	2	
Business	33	30	21	25	15	22	19	17	9	10	6	13	
Government Service	8	5	5	3	3	8	3	2	1	0	3	3	
Health Care Worker	11	9	6	9	4	2	5	4	2	3	6	6	
Monk/Nun	98	88	63	54	64	46	42	64	28	28	23	27	
Other	61	70	62	54	61	39	48	42	25	30	42	39	
Student (n)	163	144	137	164	162	152	94	68	29	17	42	29	1201
(row%)	13.57	11.99	11.41	13.66	13.49	12.66	7.83	5.66	2.41	1.42	3.50	2.41	100
Unemployed	49	43	43	54	32	34	30	48	32	30	26	29	
Total (n)	432	395	338	368	344	306	242	249	129	121	149	148	3221
(row%)	13.41	12.26	10.49	11.43	10.68	9.50	7.51	7.73	4.00	3.76	4.63	4.59	100

Table 4.3: Eight Health Facilities Reporting Routine TB Program Data (2012-2023 Cohort & All Nationality) (Occupation = Students)

rx_center	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	Total
BYK_Bylakuppe	19	8	15	20	23	21	12	10	3	1	4	3	
DKY_Dekyiling	25	22	32	36	39	26	21	15	1	4	9	14	
DLK_Delek	88	99	80	92	90	96	55	37	21	8	24	7	
HUN_Hunsur	8	3	4	0	0	1	1	0	0	0	0	0	
KOL_Kollegal	10	3	0	4	4	2	0	3	0	1	1	0	
MNG_Mundgod	11	9	6	11	6	4	5	2	2	2	2	4	
MPT_Mainpat	2	0	0	1	0	0	0	0	0	0	0	1	
ODH_Odhisa	0	0	0	0	0	2	0	1	2	1	2	0	
Total (n)	163	144	137	164	162	152	94	68	29	17	42	29	1201
(row%)	13.57	11.99	11.41	13.66	13.49	12.66	7.83	5.66	2.41	1.42	3.50	2.41	100

SECTION FIVE**DISCUSSION & RECOMMENDATIONS**

The table 5.1 gives the overview of WHO's End TB strategy, milestones, and their targets. Let us explore our current statuses in terms of the three core indicators.

VISION	A WORLD FREE OF TB (Zero deaths, disease and suffering due to TB)			
GOAL	END THE GLOBAL TB EPIDEMIC			
INDICATORS	MILESTONES		TARGETS	
	2020	2025	SDG 2030a	End TB 2035
Reduction in number of TB deaths compared with 2015 (%)	35%	75%	90%	95%
Reduction in TB incidence rate compared with 2015 (%)	20% (<85/100000)	50% <55/100 000)	80% <20/100000)	90% (<10/100 000)
TB-affected families facing catastrophic costs due to TB (%)	0	0	0	0

INDICATOR: Reduction in TB deaths as compared to 2015 (%)

Table 5.2 presents the "Treatment Outcome" data reported by health facilities managing routine TB cases among Tibetans living in India. Due to the relatively small population size, the absolute number of TB-related deaths is expected to be low, with significant fluctuations each year. Nonetheless, maintaining a Case Fatality Rate (CFR) below 5% aligns with the WHO's 2025 target and is a reasonable benchmark for success.

Patients with multidrug-resistant TB (MDR-TB), particularly those who are unemployed, require additional support. Beyond free diagnostics and medication, targeted interventions should address critical needs such as adequate shelter and nutrition to improve their overall treatment outcomes.

Treatment Start Year	Treatment Success n (%)	Lost to FU / Treatment Failure n (%)	Died n (%)	TOTAL n (%)
2012	392 (90.74)	18 (04.24)	15 (03.47)	432
2013	369 (93.41)	12 (03.07)	10 (02.53)	395
2014	312 (92.31)	8 (02.40)	14 (04.14)	338
2015	341 (92.66)	9 (02.49)	12 (02.26)	368
2016	325 (94.48)	8 (02.35)	8 (02.33)	344
2017	289 (94.44)	3 (00.99)	11 (03.59)	306
2018	225 (92.98)	10 (04.18)	4 (01.65)	242
2019	226 (88.28)	6 (02.34)	8 (03.13)	256
2020	121 (88.97)	3 (02.38)	7 (05.15)	136
2021	106 (84.13)	3 (02.50)	3 (02.38)	126

INDICATOR: Reduction in TB incidence rate compared with 2015 (%)

The **incidence rate** of TB is calculated by dividing the number of new and retreatment (relapse) TB cases by the total population, typically expressed per 100,000 individuals. This indicator can be challenging to accurately determine, and we currently lack a reliable baseline for 2015 and subsequent years.

To improve accuracy, better population data on TB cases should be gathered across all settlements through monthly outreach visits as part of the DoHe-CTA CCOCC program. In conjunction with an updated population census, which will serve as the denominator for calculating incidence rates, we should be able to produce more accurate estimates of TB incidence and use statistical modeling to project future trends.

Year	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	Total
Frequency	432	395	338	368	344	306	242	256	136	126	149	148	3240

INDICATOR: TB affected families facing catastrophic costs due to TB (%)

Currently, we lack comprehensive and representative survey data for this indicator. However, a small survey conducted in South India involving 10 patients with multidrug-resistant TB (MDR-TB) revealed that approximately 20% experienced catastrophic out-of-pocket (OOP) costs as a result of their TB treatment. *(considering that we may not get accurate total annual household income through interview, a surrogate information was used in the estimation of catastrophic cost i.e., selling assets/high value household items or incurring debt) despite having, in general, a good social support system.*

This underscores the necessity of including TB under the Universal Health Coverage Scheme. Additionally, it highlights the need to implement a policy that ensures continued access to free diagnostics—including sputum smear, Gene-Xpert, Culture-DST as well as the provision of free TB medications especially for those with MDR.

Recommendations: What More Can Be Done?

It is clear that achieving the WHO's 2025 milestone of a TB incidence rate below 55/100,000 will be challenging. Apart from the interventions listed below, we should focus our attention to the social determinants of TB. In addition to the interventions listed below, greater focus must be placed on addressing the social determinants of TB. Our community in India and Nepal is highly institutionalized, which leads to overcrowding and poor ventilation in living

environments, increasing the risk of both acquiring TB infection and progressing to active TB disease. Past TB outbreaks in residential boarding schools and monasteries are evidence of this heightened risk.

Due to demographic transitions such as lower fertility and birth rates, reduced in-migration into India, and increased out-migration, the student population in Tibetan residential schools has been declining. This should have naturally alleviated overcrowding to some extent without the need for interventions. Unfortunately, some schools repurposed the vacant dormitories and hostels for other uses, missing a valuable opportunity to decongest and address the issue of overcrowding in these schools.

I have written an advocacy paper titled “Social Determinants of Tuberculosis (TB) in Large Tibetan Residential Schools in the Era of COVID-19 Pandemic: An Advocacy Paper.” A copy of this paper was included in my “TB Report 2012 – 2020” and is available through the Department of Health, CTA (DoHe-CTA). For a digital copy, interested individuals can also contact me directly via email at ltpekhang@gmail.com.

Another issue specific to our community is the high rate of drug resistance to second-line (MDR) core & traditional K.E.P.O TB medicines i.e. Kanamycin, Ethionamide, PAS and Ofloxacin (refer SECTION 3; page 11-12). It is imperative to conduct second-line TB drug culture and drug sensitivity testing (Culture & DST) for all patients initiated on second-line MDR-TB treatments. Management should be tailored to each individual case rather than following a standardized treatment protocol

Additional Activities/Interventions:

1. Implement Active Case Finding on a regular basis during routine CCOCC outreach visits.
2. Explore & Initiate aggressive Contact Tracing.
3. Ensure Universal Drug Susceptibility Testing (DST) through Gene-Xpert and culture-DST, and expand these services to additional health facilities.
4. Strive for 100% coverage of Latent TB Infection (LTBI) treatment for people living with HIV who are newly enrolled in HIV care, as well as for children under 5 years of age who are household contacts of infectious TB cases—aligning with components of the Government of India’s TB program.
5. Address over-crowding and poor air quality (ventilation) in schools and monasteries.

6. Include TB in the Universal Health Coverage Scheme and declare & implement a policy that ensures access to free TB medications & diagnostics (sputum smear, Gene-Xpert, Culture-DST)
7. Explore regular outreach programs to remote settlements operating a mobile service by a team consisting of doctors, technicians with supporting nursing staffs equipped with portable digital x-ray and CBNAAT / GeneXpert diagnostic facilities.
8. Develop and implement a routine TB screening mechanism for students during school admission, school transfers, and after extended vacations to ensure early detection and treatment.
9. Scale-up and upgrade the electronic surveillance and health information system (TB-HIS) to ensure that comprehensive, real-time community-based TB data is collected and accessible from all settlements.
10. Explore means to address the treatment of people with latent TB infection who are confirmed contacts of MDR/XDR cases, in collaboration with multicenter research institutions.

SECTION SIX										
Top 10 WHO indicators (not ranked) for monitoring implementation of the End TB Strategy (Target level is for 2025 at the latest. Reproduced from WHO TB Report 2018)										
TB Surveillance Data from Health Facilities Reporting Routine TB Data (All Nationality) DoHe-CTA Status (Reporting Year 2024)										
INDICATOR 1: TB treatment coverage rate: Number of new and relapse cases that were notified and treated, divided by the estimated number of incident TB cases in the same year, expressed as a percentage.									INDICATOR 1: WHO Target 2025 ≥ 90%	
Year	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)		2023 n (%)
DoHe-CTA Status	No data available									
Total TB Cases Reported	368	344	306	242	256	136	126	149	148	
INDICATOR 2: TB treatment success rate: Percentage of notified TB patients who were successfully treated. The target is for drug-susceptible and drug-resistant TB combined, although outcomes should also be reported separately.									INDICATOR 2: WHO Target 2025 ≥ 90%	
Year	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)		2023 n (%)
Treatment Success Rate	341 (92.66)	325 (94.48)	289 (94.44)	225 (92.98)	226 (88.28)	121 (88.97)	106 (84.13)	-		-
Total TB Cases Reported	368	344	306	242	256	136	126	-	-	
INDICATOR 3: Percentage of TB affected households that experience catastrophic costs due to TB: Number of people treated for TB (and their households) who incur catastrophic costs (direct and indirect combined), divided by the total number of people treated for TB.									INDICATOR 3: WHO Target 2025 = 0%	
Year	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)		2023 n (%)
DoHe-CTA Status	We do not have an accurate data. But a small sample of MDR patients showed that 20% of TB (MDR) affected households experienced catastrophic Out-Of-Pocket (OOP) costs due to TB. <i>(Selling assets/high value household items or incurring debt used as surrogate to define catastrophic OOP costs)</i>									
INDICATOR 4: Percentage of new and relapse TB patients tested using a WHO-recommended rapid diagnostic (WRD) at the time of diagnosis: Number of new and relapse TB patients tested using a WRD at the time of diagnosis, divided by the total number of new and relapse TB patients, expressed as a percentage.									INDICATOR 4: WHO Target 2025 ≥ 90%	
Year	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)		2023 n (%)
n (%) New & Relapse with WRD	257 (70.03)	265 (77.71)	248 (81.31)	207 (85.90)	225 (87.89)	120 (88.4)	119 (95.20)	118 (79.19)		117 (79.05)
Total New & Relapse	367	341	305	241	256	136	125	149	148	
INDICATOR 5: Latent TB infection (LTBI) treatment coverage: Number of people living with HIV newly enrolled in HIV care and the number of children aged <5 years who are household contacts of cases started on LTBI treatment, divided by the number eligible for treatment, expressed as a percentage (separately for each of the two groups).									INDICATOR 5: WHO Target 2025 ≥ 90%	
Year	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)		2023 n (%)
DoHe-CTA Status	No data available									
INDICATOR 6: Contact investigation coverage: Number of contacts of people with bacteriologically confirmed TB who were evaluated for TB, divided by the number eligible, expressed as a percentage.									INDICATOR 6: WHO Target 2025	

Note: CBNAAT / GeneXpert

Year	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)	2023 n (%)	≥ 90%
DoHe-CTA Status	No data available									
INDICATOR 7: Drug-susceptibility testing (DST) coverage for TB patients: Number of TB patients with DST results for at least rifampicin, divided by the total number of notified (new and retreatment) cases in the same year, expressed as a percentage. DST coverage includes results from molecular (e.g., Xpert MTB/ RIF) as well as conventional phenotypic DST results.										INDICATOR 6 WHO Target 2025 ≥ 90%
Year	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)	2023 n (%)	
Number of TB patients (New & Retreatment) with DST results for at least rif (X-pert & Culture/DST)	271 (73.84)	270 (79.18)	249 (81.64)	207 (85.89)	226 (88.28)	122 (89.71)	120 (96.00)	134 (89.93)	123 (83.11)	INDICATOR 7 WHO Target 2025 100%
Total New & Retreatment TB Cases	367	341	305	241	256	136	125	149	148	Note: Xpert MTB/RIF OR cs_r=" YES"
INDICATOR 8: Treatment coverage, new TB drugs: Number of TB patients treated with regimens that include new (endorsed after 2010) TB drugs, divided by the number of notified patients eligible for treatment with new TB drugs, expressed as a percentage.										INDICATOR 8 WHO Target 2025 ≥ 90%
Year	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)	2023 n (%)	
Number of Non-MDR Cases treated with SCC	All Non-MDR TB Cases (exclude H-Mono-Resistant cases) are treated with short course regimens for 6 or 8 months)									<i>Note: Only Non-MDR Cases considered here</i>
Total Non-MDR Cases	300	298	289	220	227	121	116	134	135	
Indicator 9: Documentation of HIV status among TB patients: Number of new and relapse TB patients with documented HIV status, divided by the number of new and relapse TB patient notified in the same year, expressed as a percentage.										INDICATOR 9 WHO Target 2025 100%
Year	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)	2023 n (%)	
Number (%) with HIV Status	366 (99.46)	341 (99.13)	302 (98.69)	240 (99.17)	256 (100)	136 (100)	125 (99.21)	148 (99.33)	146 (98.65)	
Total TB Cases Registered	368	344	306	242	256	136	126	149	148	
INDICATOR10: Case fatality ratio (CFR): Number of TB deaths divided by estimated number of incident cases in the same years, expressed as a percentage.										INDICATOR 10 WHO Target 2025 ≤ 5%
Year	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	2022 n (%)	2023 n (%)	
Number (&) of Deaths	12 (03.27)	80 (2.55)	11 (03.61)	4 (01.66)	8 (03.12)	7 (05.15)	3 (02.40)	-	-	
Number of New & Retreatment Cases	367	341	305	241	256	136	125	-	-	